

Discuss the impact that travel has on our environment and health using stories, poems and making up songs

Encourage parents and children to lead healthier, more active lifestyles

Staff and managers should be positive role models for parents and children and demonstrate active lifestyles by walking or cycling to setting at least once a week

Encourage parents and children to walk to setting at least once a week

Promote car share schemes and leave your car at home schemes

Invite a wide variety of transport operators to setting including buses, fire engines, ambulances

Invite a cycling club to visit the setting and demonstrate safe cycling using equipment

Take children on a bus journey discussing the impact travelling by bus has on the environment

Discuss the wide variety of transport involved in food production such as tractors

