

**Nadia is a seriously inspiring individual. Each day on her commute to and from school she began collecting litter that she later recycled at home. Quickly, she began attracting attention. Unfortunately, it wasn't always the right type of attention. Some of the other pupils in her school didn't appreciate Nadia's efforts to save our planet and began calling her Trash Girl. Nadia was at a cross roads, she had to make the decision to either carry on with her efforts or take the easy route out; stop litter-picking and raise a white flag to the bullies. Luckily, for our planet and all those that have met and been inspired by Nadia, she carried on. She took ownership of the cruel nickname she had been given and shared her story with the world: Team Trash Girl was born and Eco-Schools is proud to be a member... Read on to discover how you and your schoolmates can become members of Team Trashgirl.**

### **Step 1: Team Trash Girls Origins**

**Anyone in your school can become a member of Team Trash Girl, but first they need to know what Team Trash Girl is. In order to spread the Team Trash Girl message and recruit Trash Girl teammates Nadia suggests your Eco-Committee holds an assembly to explain the mission.**

### **Step 2: Team Trash Girls Reviews**

**To begin fighting litter as a member of Team Trash Girl, first you need to identify how serious the litter problem is. This can be a whole school activity, on everyone's commute to school ask them to record how many pieces of trash they can spot. Your Eco-Committee can collect this data and identify whether Team Trash Girl needs to be called to action.**

### **Step 3: Team Trash Girl and the War on Waste**

**The beauty of Nadia's action is it can be incorporated into everyday life. When you are commuting to and from school, all a member of Team Trash Girl has to do is pick up any litter they see. The great thing is as everyone carries on doing this you will notice less and less litter until eventually you rarely have to pick any up at all. Imagine the possibilities if your whole school becomes a member of Team Trash Girl and each of the varying routes a student takes becomes litter-free: imagine how much it will improve your locality and how much your community will grow to appreciate your school. Encourage your school to install accessible recycling bins to make it easy to drop off what you have collected each day – take part in this small action to make a massive difference!**

### **Step 4: Team Trash Girl: Working Towards a Better World**

**Nadia suggests that when looking at litter you could do scientific work on states of matter or everyday materials and their properties. Litter is also a good basis for lessons when studying aspects of both human and physical geography.**

### **Step 5: Team Trash Girl Assembly**

**Nadia would recommend informing the whole school about Team Trash Girl and recruiting members through a whole school assembly. She also recommends getting in touch with the local press and telling them about your school's actions as they were both interested and supportive of her. You can even use your school's social media account to let Nadia herself know @TeamTrashGirl. When encouraging more and more people to participate, it might be an idea to run a whole-school competition to see which class, year group or individual collects the most litter.**

### **Step 6: Team Trash Girl: Evaluation**

**It is easy to record whether Team Trash Girl has successfully fought litter in your community: you can either count or weigh the amount of litter collected or alternatively ask children to regularly audit the litter they spot on the way to school.**

### **Step 7**

**Nadia say's: fix the planet's problems before they become unfixable, what do you say?**

