

# Damers First School

## Ten Tips to Becoming Plastic Free



1

Make a group to tackle single use plastic within school. This could be your Eco-Committee, a mixed committee with junior governors and the Eco-Committee or a separate group that has a representative from each class.

2

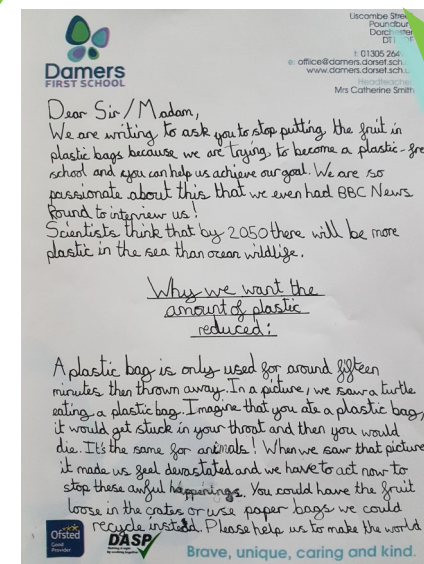
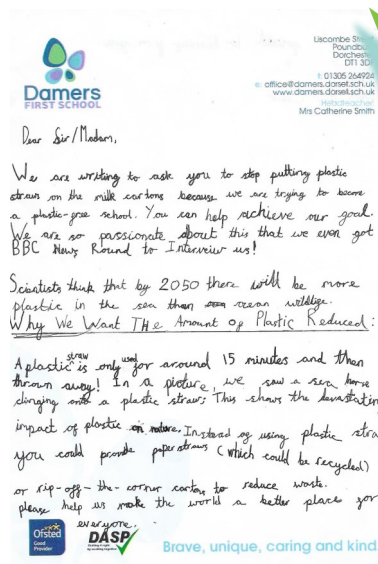
Bring your school together by having a plastic free event and show them what harm plastic can do to the environment and animals. Invite an environmentalist to give a talk about plastic harming the environment. You could do a litter pick of the school grounds identifying the plastic found or an audit of all the single use plastic used in school.

3

Meet with your PTA to get them onboard to make sure all school events are plastic free.

4

Write letters to businesses and organisations linked with the school to ask if products could come to the school free of single-use plastic se.g. milk and fruit. Tip: Businesses may need some help so you may need to give some suggestions!



# 5

Write to your local MP to get his/her support for your campaign and get it promoted in parliament. Invite your Local MP to your school.



# 6

Agree to give up 3 single-use plastic items at home and at school. Encourage family members within your home to do the same. Tip: Give up what you use the most.

# 7

Inspire your local community to become plastic free. You might want to have a boycott/trash single-use plastic day or speak to your local County Council to get them onboard. Tip: You could design posters to tell people how they could reduce their use of plastic.

# 8

Write to local businesses and then visit them to give a pitch about the importance of removing single use plastic within their business. Ask them to support your campaign by removing 3 single use plastics and signing up to Refill.





# 9

Litter Pick your school grounds making a tally of what single use plastic you pick up the post. Then write a letter to those companies telling them to reduce their plastic. Tip: You could organise a litter pick of your town having a bag for single use plastic, a bag for cans and a bag for other rubbish. Put the rubbish out in piles to show how much has been collected in a set amount of time. Write a letter to those companies sending photos asking them to reduce their plastic.



# 10

Encourage everyone in the school to have a waste free lunch and to use a reusable water bottle by giving examples of how food can be wrapped or covered without using plastic.

Produced by  
the  
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