

## SCHOOL GROUNDS

Our School Grounds topic is designed to give young-people a chance to enhance where they work and socialize every day, however, it can be difficult to work on from home! This task is designed to help you appreciate your school in the future and help you overcome any nervousness you may have about going back to school.

### Nursery

**Ask an adult you live with to write a note to you for the future.** When you have your note, keep it safe and put it in your pocket when you are next in school or nursery. If you are ever feeling a little upset or like you miss home - ask your teacher to read the note to you to cheer you up!

### Primary

Lockdown has given everyone a lot of time to think and the Eco-Schools team know that many young people are missing school and desperate to get back.

**Write a note to your future self**, telling them how much you are missing school at the moment and pop it in your book bag or pencil case. When you are back in school and having a sad moment or day read the note from your past self to remind you how much you missed school when you couldn't go and also that things always get better!

### Secondary

There has always been a phrase along the lines of "You don't know what you have until it's gone," and this uncertain period has made this phrase and its variants more relevant than ever. **Write a note to your future self**, explaining all the things you are currently missing about school and seeing your friends and teachers every day and pop it in your school bag or pencil case. When your return to school and are having a bad moment or day (we all have these), read the note to yourself to remind you that things aren't so bad and they always get better.



This is also a task that we think all our Eco-Coordinators and parents should do to, to help them when they return to work. Maybe you could write a message for your parents/ guardians too!

Also, if you'd like to be in with a chance of winning a fab Frugi Back To School kit and a copy of Alex White's Get Your Boots On book why not follow [this link](#) and tell us what you've missed most about school or your normal routine in the recent months!! Giveaway T&CS can be found [here](#).

